



**IndiRock**

Wednesday 11<sup>th</sup> February 2026

Dear Parent/Carer,

I am pleased to share with you that year 3, 4 and 5 will be visiting [IndiRock](#) in Southend.

Year 3 will be going on Tuesday 3<sup>rd</sup> March.

Year 4 will be going on Wednesday 4<sup>th</sup> March

Year 5 will be going on Friday 6<sup>th</sup> March

This is a fantastic opportunity to learn how to boulder, build core strength and resilience.

We are very grateful to Southend City Council for heavily subsidising these visits and the rest is being funded through Sports Premium money, so you do not have to pay.

Important information:

- You need to fill in this form: [Permission form](#). You have to watch the IndiRock video before you can fill in the form. This must be done so your child can take part.
- **Please ensure you enter your own details at the top then select the blue button at the bottom to add the details of the child.**
- Your child will need a warm, waterproof coat (ideally with a hood) because we are walking to IndiRock.
- Your child will need warm PE clothes e.g; warm jogging bottoms and trainers.
- Your child may want to bring a water bottle and an extra healthy snack to eat on the walk back to school.

Please speak to your child's class teacher if you have any questions or would like support to fill in the form.

Yours sincerely,

Mr C Sesniak  
(PE Lead)

